



Speakers Biographies

DR HELEN BARRETT

Helen Barrett, BA, BSc, PhD is a developmental psychologist who has a particular interest in theories of attachment. She is currently honorary Research Fellow at Birkbeck, University of London and Chair of the International Attachment Network, a charitable organisation set up to promote the understanding of the Bowlby-Ainsworth ecological theory of attachment. Dr. Barrett has been employed by the Family and Parenting Institute (FPI) since 2002, where she holds a Senior Research Officer post. In this capacity, she has published books and reports, including *Parenting Programmes for Families at Risk, A source book (2003)*, *Family Trends (2004)*, *Attachment and the Perils of Parenting (2006)*, *Engaging Hard-to-Reach Families in the Voluntary and Community Sector (2007)* and a *Follow-up report to support implementation of the NICE/SCIE guidance on parenting programmes (2008)*.

Helen's research interests also include day care (PhD, Birkbeck 1991: *The social experience of childminded children*) and fathers post separation (she was the principle investigator on Birkbeck's Gay Fathers project, 1999-2002).

PROFESSOR JAY BELSKY

Jay Belsky is Director of the Institute for the Study of Children, Families and Social Issues and Professor of Psychology at Birkbeck University of London. Prof. Belsky obtained his Ph.D. in 1978 in Human Development and Family Studies from Cornell University. Prior to joining the University of London in 1999, Professor Belsky served on the faculty at Penn State University for 21 years, rising to the rank of Distinguished Professor of Human Development. In 2002 the Institute of Scientific Information, Philadelphia, PA granted Professor Belsky the Highly-Cited-Researcher designation. In 2007 he was awarded the American Psychological Association Urie Bronfenbrenner Award for Lifetime Contribution to Developmental Psychology in the Service of Science and Society.

Professor Belsky is an internationally recognized expert in the field of child development and family studies. His areas of special expertise include the effects of day care, parent-child relations during the infancy and early childhood years, the transition to parenthood, the etiology of child maltreatment and the evolutionary basis of parent and child functioning. He is a founding and collaborating investigator on the NICHD Study of Child Care and Youth Development (US) and that National Evaluation of Sure Start (UK). He is the author of more than 300 scientific articles and chapters and the author/editor of several books, including most recently *The National Evaluation of Sure Start: Does Area-Based Early Intervention Work* (The Policy Press, 2007).

Prof. Belsky's research is marked by a focus upon fathers as well as mothers, marriages as well as parent-child relations, and naturalistic home observations of family interaction patterns. Dr. Belsky's work has been funded, in the U.S., by grants from the National Science Foundation, the National Institute of Mental Health, the National Institute of Child Health and Human Development, the March of Dimes Foundation and the Sara Scaife Family Foundation. In the UK, he has received funding from The Wellcome Trust and Department for

Education and Skills/Children, Schools and Families. He served as a consultant to Vice President Gore on the issue of work and families, attending the White House Conference on Child Care. In the UK he has served as consultant on matters of child care and early child development to the Office of the Prime Minister, the Treasury, the Department for Education and Skills/Children, Families and Schools and the committee of the House of Commons overseeing this department.

KATE BILLINGHAM

Kate Billingham is Project Director Family Nurse Partnership Programme and the Child Health Promotion Programme at the DH/DCSF.

Kate originally trained as a paediatric nurse before becoming a health visitor. She worked as a health visitor for 10 years before setting up a health project for young parents in Nottingham. Since then she held a number of posts in primary care and public health development before working as a public health specialist in Sheffield. Kate joined the Department of Health in 2001 where she was Deputy Chief Nursing Officer at the DH until June 2007 when she became the project director for the Family Nurse Partnership Programme. She is a visiting Professor at Kings College London and Fellow of the Queens Nursing Institute and The Faculty of Public Health.

DR DEBORAH GHATE

Dr Deborah Ghate is the Director of the Centre for Effective Services (CES), based in Dublin, Republic of Ireland. CES is a non-profit centre funded by the Irish Government and Atlantic Philanthropies, newly established to connect the design and implementation of children's services with scientific and technical knowledge of what works. A unique international initiative, the Centre aims to provide state of the art scientific, technical and organisational expertise to service providers in support of their aims to improve outcomes for children and families.

In her 20 year career as a researcher and research leader, Deborah has directed and published a number of substantial empirical research studies on parenting and family support. Her latest study, published in May 2008, was the national evaluation of *On Track*, the overarching analysis of a five year multi-method project that included eight separate studies of On Track's operation across 24 high-crime, high deprivation areas of England and Wales. Recently she has completed a number of major research and evidence reviews for the UK government on supporting parents, both generally and in specific sectors including the youth justice context. Other empirical studies include a major study of parenting in poor communities across Great Britain and a study of how fathers access family support services.

Based on her considerable practical experience of designing and implementing research and evaluation in complex 'real world' situations, Deborah has written and lectured widely both in the UK and elsewhere on the challenges and opportunities in this field. She is especially interested in the ways in which research science can better serve the needs of policy makers and service providers, bearing in mind the balance between scientific ideals and practical constraints.

DANYA GLASER

Danya Glaser is consultant child & adolescent psychiatrist at Great Ormond Street Children's Hospital, London. Previously a developmental paediatrician, she has also worked in Child Psychiatry in the community. Until recently, she headed an integrated child protection service working respectively with the identification and treatment of emotional abuse; providing multidisciplinary assessments for Children Act proceedings and a post protection team working with children who have been seriously maltreated and their current, often new carers. Dr Glaser has taught and written widely on various aspects of child maltreatment, including sexual and emotional abuse, fabricated or induced illness; and the effects of child maltreatment on the developing brain. With her research team she is currently completing a follow up study of children who have been subject to care proceedings and has recently co-authored a book on the evidence base on attachment and attachment disorders. Dr Glaser is immediate past President of the International Society for the Prevention of Child Abuse and Neglect (ISPCAN), member of the Family Justice Council and Visiting Professor at UCL.

LADY ELIZABETH HASLAM

Lady Haslam established the Foundation in 1987 in memory of the life and work of her husband Michael Sieff. Elizabeth has a background of welfare work in industry and the community.

EMMA KNIGHTS

Emma Knights took up the post of joint Chief Executive with job-share Alison Garnham in June 2006. Emma has had a variety of roles in the voluntary sector, particularly the advice sector, and last worked with Alison at Child Poverty Action Group in the 1990's. Her two most recent posts were at the Legal Services Commission and the Local Government Association, leading projects on child poverty and educational attainment. She was the founding chair of the after-school club at her children's previous school in Norwich before she moved to Leamington Spa where she is now Governor at her son's secondary school.

PROFESSOR CHARLIE LEWIS

Charlie Lewis has been Professor of Family and Developmental Psychology at Lancaster University since 1999. He did his PhD on the transition to fatherhood in the early 1980s (Published as *Becoming a Father*, Open University Press, 1986) and since then has kept up his interest in the role of men in contemporary families, as well as conducting research on young children's social-cognitive development. His funded research on fathers over the past decade includes [1] 1995-1999: Joseph Rowntree Foundation to study 'Fathers, work and family life' [with Y. Solomon]; [2] 2000: Joseph Rowntree Foundation to write a review 'A man's place in the home'; [3] 2000: Three charities to write a review about the role of fathers in child development. Published by National Family and Parenting Institute in June 2001. [4] An analysis of fathers and cohabitation breakdown, entitled *Cohabitation, Separation and Fatherhood* (Joseph Rowntree, 2003); [5] 2002 – 2004: National Evaluation of Sure Start to conduct a themed evaluation on the role of fathers within Sure Start [Published with M. O'Brien and N. Lloyd]; [6] 2002-2006: ESRC/ Hampshire County Council CASE studentship to examine the influence of training programmes for men. His current work on fathers involves the study of how couples negotiate parental involvement (with Irini Zacharostilianakis-Roussou) and analyses of paternal influences on children's development (with Michael Lamb); [7] An overview of research on fathers in the UK for the Joseph Rowntree Foundation (Lewis, C. & Lamb, M. E. (in press). *Fatherhood: Connecting the strands of diversity across time and space* Chapter in David Utting (Ed.) *Parenting:*

Research and Development. York: Joseph Rowntree Foundation, 2008); [8] A chapter in the three most recent editions of the book edited by Michael Lamb 'The Role of the Father in Child Development' which is the major summary of research on fathers. The fifth edition is to be published in 2009.

Charlie is the father of two young adults. In his spare time he plays centre forward for Red Star Bailrigg, is stage manager for, and a bass in, the Lancaster Singers, and walks in the Lake District with his partner, Rosie, and anyone who likes getting tired and wet.

THE EARL OF LISTOWEL

The Earl of Listowel took his seat in 1998 and became an elected hereditary peer in 1999. He is a Crossbencher. For several years he has been Treasurer of the All Party Parliamentary Group for Children (a group established by Baroness Faithful, a former Sieff Trustee) and Treasurer, more recently Vice Chair, of the Associate Parliamentary Group for Children and Young People in Care. He is a Patron of VOICE (formerly Voice for the Child in Care) and Young Minds.

From 2002 to 2007 he was a member of Sub Committee F of the House of Lords Select Committee on the European Union. This is the home affairs committee and his work included participation in the following reports, 'Illegal Migrants: proposals for a common EU returns policy', 'Economic Migration to the UK' and 'After Madrid, EU's response to terrorism'. He is a Trustee of the Michael Sieff Foundation.

LYNNE MURRAY

Lynne Murray is Research Professor in Developmental Psychopathology at the University of Reading, and is co-director of the Winnicott Research Unit.

She is also an honorary Senior Research Fellow in the Department of Child and Adolescent Psychiatry at the University of Cambridge. Her work has focused on the effects of maternal psychiatric disorder on the developing child. In particular she has studied the development of children of postnatally depressed mothers, and children of mothers with anxiety disorder. She has extended this work to investigate treatments, both for the maternal disorders, and for the associated difficulties in mother-child relationships. Her work has been largely conducted in the UK, but has also concerned child development and interventions in the developing world context of South Africa.

ANN PHOENIX

Ann Phoenix is Co-Director of the Thomas Coram Research Unit, Institute of Education, University of London. She is a trustee of the Family and Parenting Institute. Her research is mainly about social identities and the links between psychological experiences and social processes. She is currently conducting a programme of research on 'Transforming experiences: Re-conceptualising identities and 'non-normative' childhoods' as an ESRC Professorial Fellow and (with Wendy Hollway and Heather Elliott) an ESRC-funded project on the transition to motherhood in Tower Hamlets. Her books include: *Black, White or Mixed Race?* (1993/2002 with Barbara Tizard), Routledge; *Young Masculinities* (2002, with Stephen Frosh and Rob Pattman), Palgrave and *Parenting and Ethnicity* (2007 with Fatima Husain from FPI), JRF. [online]. Available: [<http://www.jrf.org.uk/bookshop/ebooks/parenting-ethnicity.pdf>].

CHRISTINE PUCKERING

Christine Puckering is a Consultant Clinical Psychologist and Research Fellow at the Royal Hospital for Sick Children Yorkhill, Glasgow.

Her long-term research interests are in parent-child interaction in the early years, including the things that can go wrong, the outcome for the child and ways of helping parents to change relationships. She has a specific interest in working with the neediest families and addressing health and social inequalities where the outcomes for the children are predicted to be particularly at risk.

She is co-author of the Mellow Parenting programme and Mellow Babies¹, for babies under one year of age. Both programme have undergone evaluation and been shown to improve the mother's wellbeing, and the parent-child interaction, with a substantial improvement in children's behaviour and language development in the under fives.

She was Chair of the working group on Infant Mental Health for the Scottish Government and principal author of the report which can be found on the Scottish Government website² and is co-chair of the British Psychological Society Faculty for Perinatal Psychology.

1. <http://www.scotland.gov.uk/Publications/2008/05/22095825/0>
2. <http://www.headsupscotland.co.uk/documents/Infant%20Mental%20Health%20-%20Good%20Practice%20Guide%20-%20Final%20Edit.pdf>

WENDY ROSE

Wendy Rose is a Senior Research Fellow at The Open University, working on national and international child welfare research and development projects. She is currently a professional adviser to the Scottish Government and was previously a senior civil servant in the Department of Health in England. She is Vice-Chair of Home-Start UK.

PROFESSOR MATTHEW R SANDERS

Matthew Sanders is a Professor of Clinical Psychology and Director of the Parenting and Family Support Centre at The University of Queensland. He was a founding Director of the Behaviour Research and Therapy Centre. He conducts research and has published extensively in the area of parenting, family psychology and the prevention of behavioural and emotional problems in children. He is the founder of the internationally acclaimed Triple P-Positive Parenting Program, which has won a National Violence Prevention Award from the Commonwealth Heads of Government in Australia and is now run in 16 countries around the world. He has received an International Collaborative Prevention Research Award from the Society for Prevention Research, is a fellow of the Australian Psychological Society and the Academy of Experimental Criminology. He is a Visiting Professor in the School of Psychological Sciences at the University of Manchester, the Department of Social Policy and Social Work at the University of Oxford, and the Faculty of Education at the University of Auckland. He has been a consultant to the Council of Europe on Positive Parenting and to the World Health Organisation. In 2007 he won the Australian Psychological Society's Presidents Award for Distinguished Contribution to Psychology, and was Queensland of the Year. In 2008 he was elected honorary president of the Canadian Psychological Association and an honorary Fellow of the New Zealand Psychological Society.

PROFESSOR STEPHEN SCOTT

Stephen Scott is a children's doctor involved in research and practice. Academically, he is Professor of Child Health and Behaviour at the Institute of Psychiatry, Kings College London, and Director of Research and Development for the National Academy of Parenting Practitioners; clinically, he is a Consultant Child Psychiatrist at the Maudsley Hospital, where he heads the National Antisocial Behaviour Clinic and the National Adoption and Fostering Clinic. After working as a paediatrician for five years he became increasingly concerned to promote children's wellbeing more broadly. He now works with parents and children experiencing difficulties using a range of proven approaches, from intensive one-to-one work, group work, to prevention in schools. He has led five controlled trial evaluations of whether parenting programmes actually help children, including of the Parent-Child Game, the Incredible Years programme, Fostering Changes, and Multidimensional Treatment Foster Care, of which he is the national director. With Sir Michael Rutter and others, he is editor and an author of the text *Child and Adolescent Psychiatry*.

PROFESSOR COLWYN TREVARTHEN

Colwyn Trevarthen a New Zealander, is Professor (Emeritus) of Child Psychology and Psychobiology at The University of Edinburgh. He has a PhD in Psychobiology from Caltech in Pasadena, where he worked with Roger Sperry on the consciousness and cognitive functions of the cerebral hemispheres and their regulation to serve movements. He was a post-doc. in psychophysiology at the CNRS, Marseille, and Research Fellow with Jerome Bruner at the Center for Cognitive Studies at Harvard, where his research on infant communication began. He has published over 200 articles and chapters on neuropsychology, brain development, infant intersubjectivity and child learning and emotional health. He is interested in the inherent motives for development of cultural learning and the effects of disorders, such as autism and depressive illness. His current research and writing concerns how rhythms and expressions of 'communicative musicality' in movement, reflecting the intrinsic sense of time in the mind, can assist communication with children in all circumstances and aid their development and the learning of language and other cultural skills. He has an Honorary Doctorate in Psychology from the University of Crete, and is a Fellow of the Royal Society of Edinburgh, a Member of the Norwegian Academy of Sciences and Letters and a Vice-President of the British Association for Early Childhood Education.